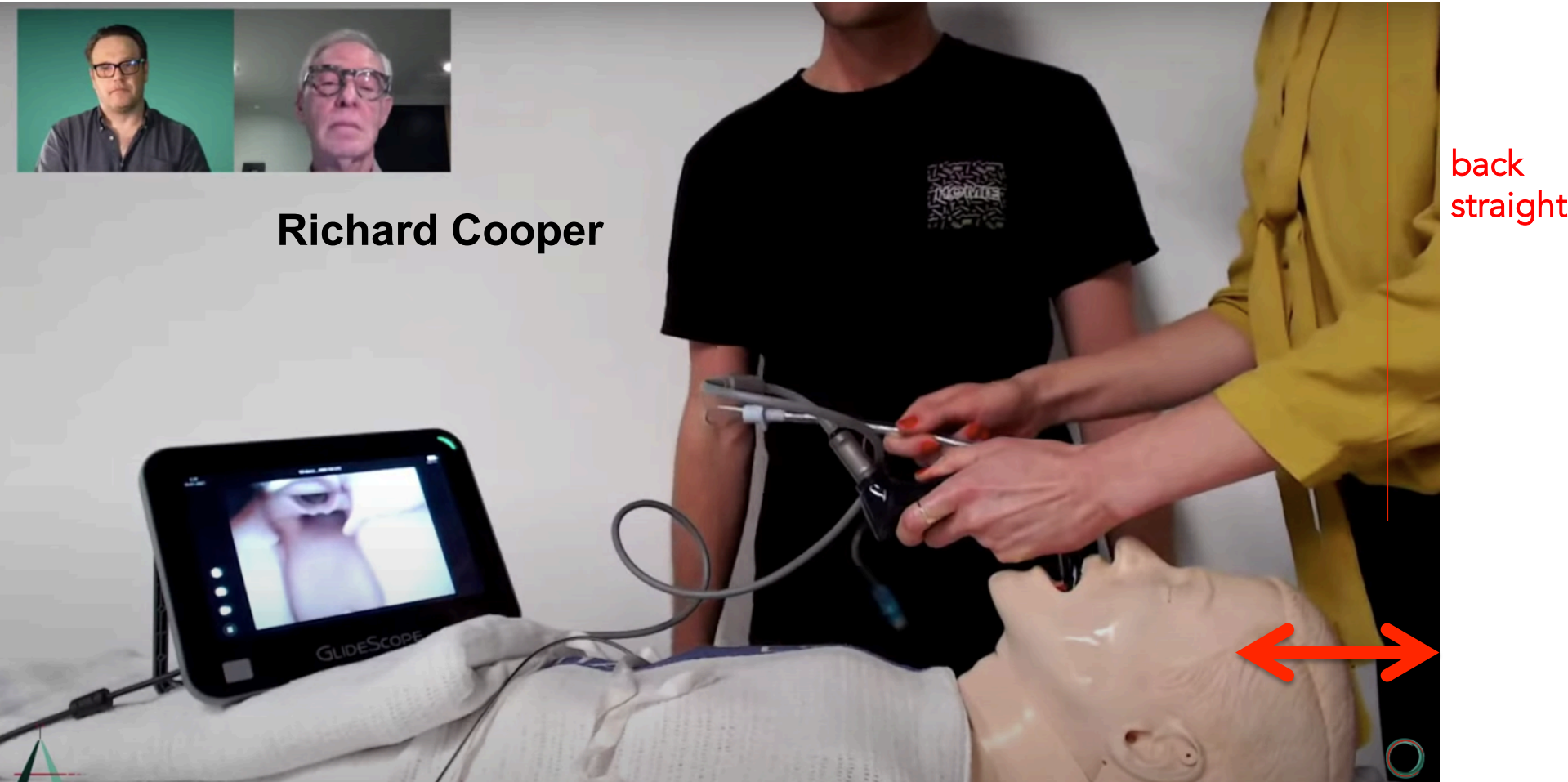


**Richard Cooper:** for VL the patient should be positioned *LOWER* then for DL



**Richard Cooper**




back  
straight

**Rich Levitan**




1. Finding landmarks
2. Laryngeal exposure
3. Tube delivery

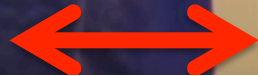
A man with glasses and a receding hairline, wearing blue medical scrubs, is shown from the chest up. He is holding a black laryngoscope handle with a silver blade and a grey cable. He is looking towards the camera with a slight smile. The background is a wall with horizontal stripes in light beige and orange. A white door handle is visible on the left.

pick up the  
laryngoscope with 2  
fingers

scissor the mouth open




holding the laryngoscope very lightly  
follow with the blade  
the curvature of the tongue



Look at the Patient Until the VL Blade Tip Appears on the Monitor

Only after the tip of the VL blade has turned the corner into the pharynx should you look at the monitor.



A top-down view of a medical professional's hands using a laryngoscope on a patient. The patient is lying on a gurney with a white sheet. The laryngoscope has a black handle and a silver blade. The professional is wearing a black wristband. The blade is inserted into the patient's mouth, and the light is on, illuminating the oral cavity. The text 'first landmark under direct vision: the uvula' is overlaid on the image.

first landmark under  
direct vision: the uvula

**Look in the mouth**

Look at the screen



rotate the blade further in until you see the tip in the vallecula



minor adjustments will  
elevate the epiglottis





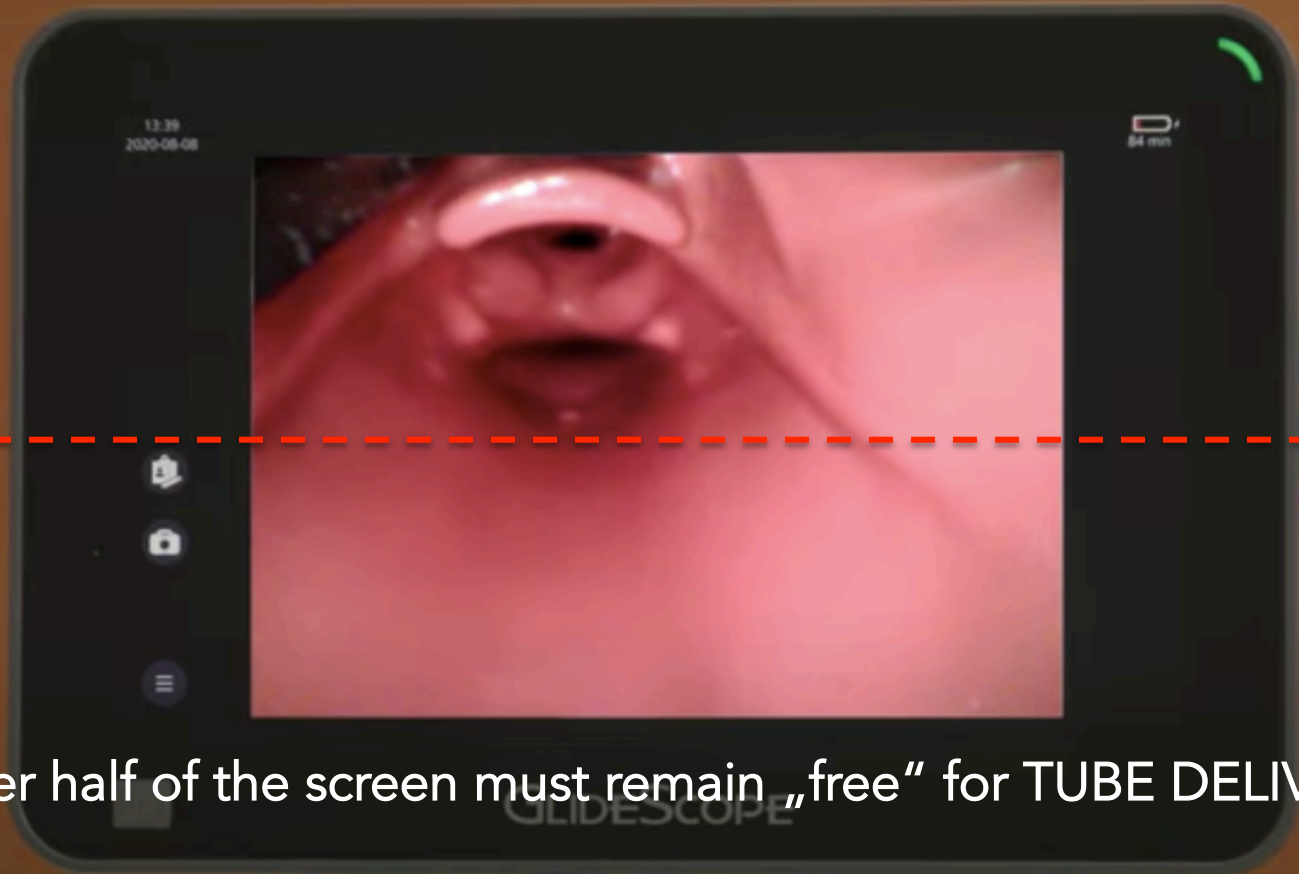
switching the grip to  
„thumb up on the handle“



DO NOT OVER-INSERT!



the lower half of the screen must remain „free“ for TUBE DELIVERY



## Don't Forget to Lift the Blade and Jaw Upward

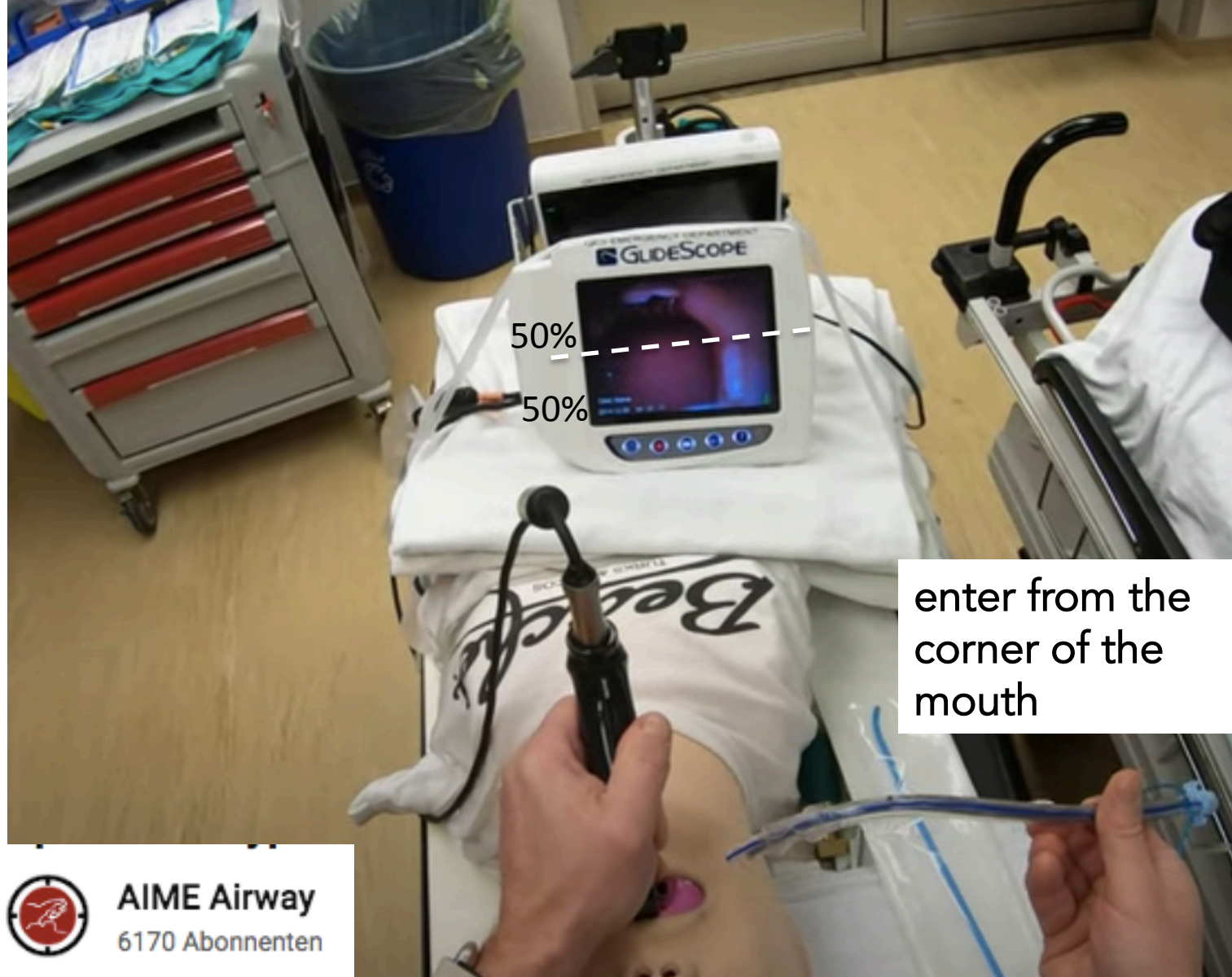
Video laryngoscopy gives providers such a good view of the larynx that they can forget they sometimes still need to lift.

Lifting the head and jaw *upward* changes the insertion arc that the ETT follows.

hold the tube at the top







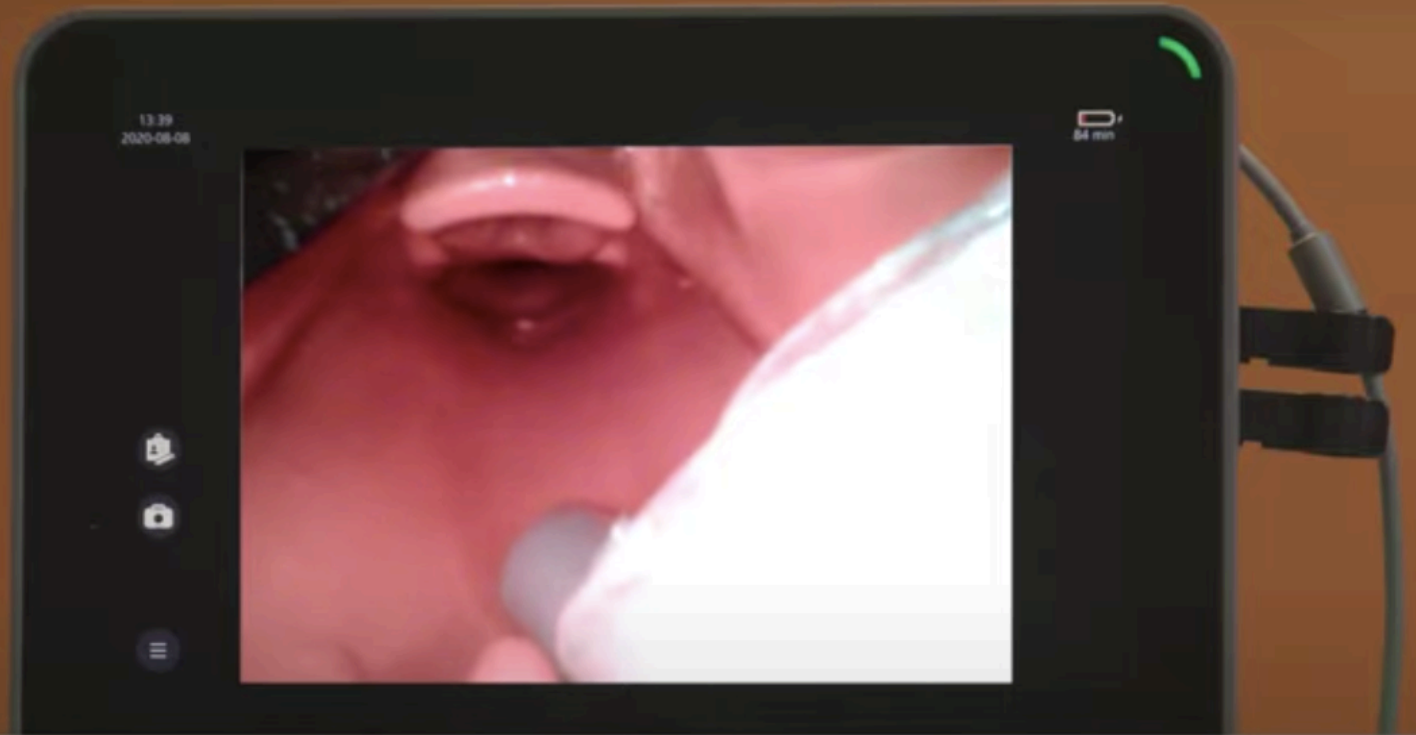
**AIME Airway**  
6170 Abonnenten

insert the tube into the mouth UNDER DIRECT VISION



**Look in the mouth**

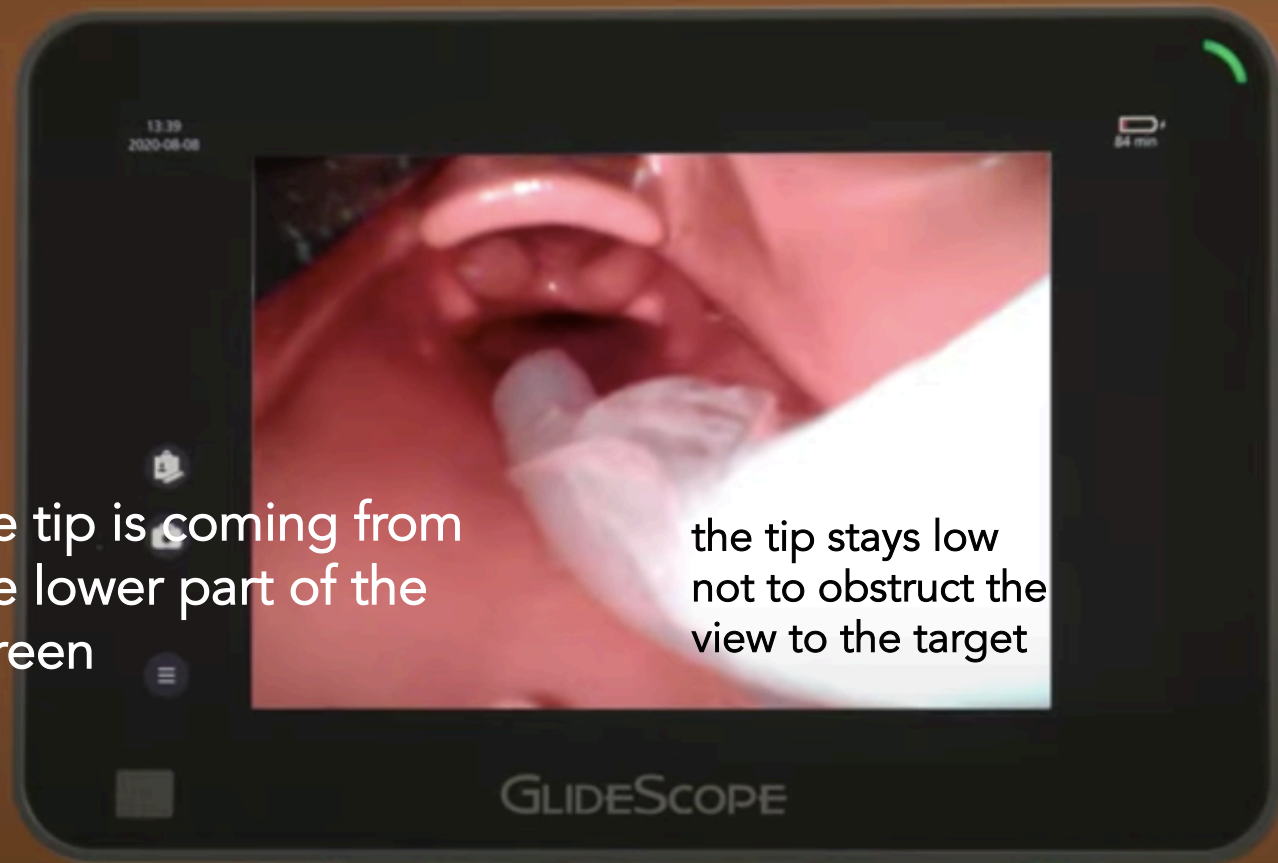
then look at the screen



**Look at the screen**

the tip is coming from  
the lower part of the  
screen

the tip stays low  
not to obstruct the  
view to the target







rotate anti-clockwise

Left for Larynx

when you see  
the cuff  
disappear, pull  
up the stylet 3  
cm to make the  
tip SOFT

now rotate  
clockwise (= to the right)

**Optimized Hyperangulated VL**



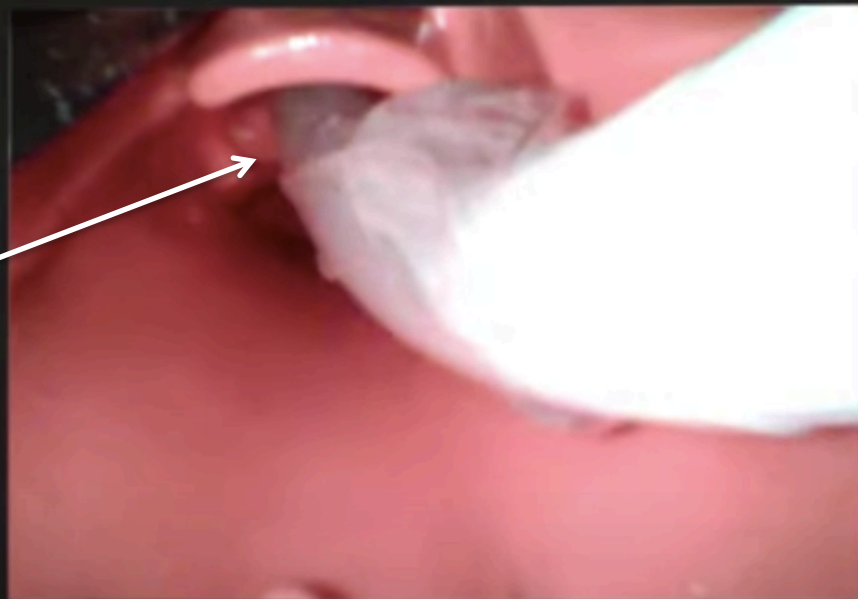
**AIME Airway**  
6170 Abonnenten



Abonniert ▾

13:39  
2020-08-08

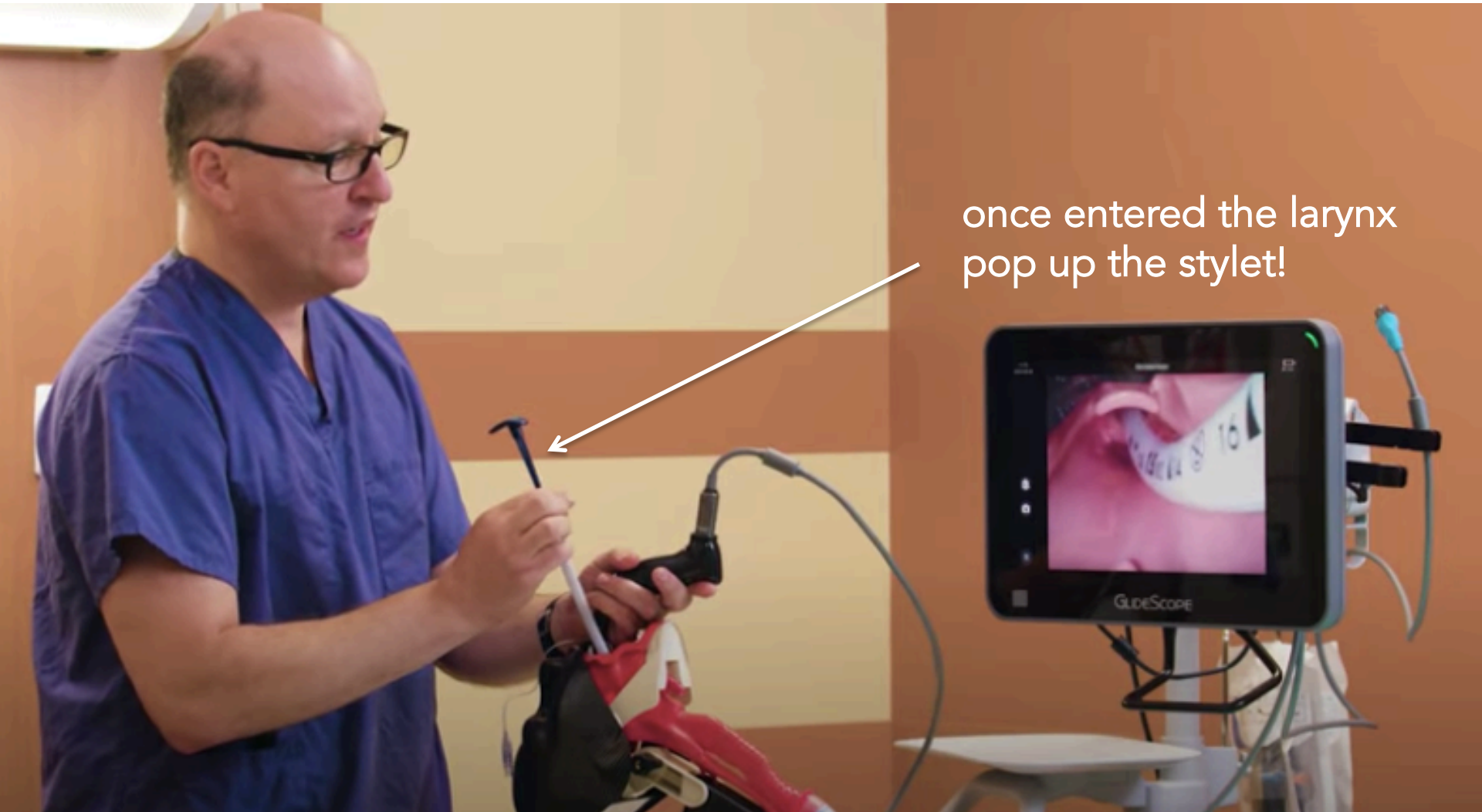
84 min



over the inter-  
arytenoid notch

GLIDESCOPE

once entered the larynx  
pop up the stylet!



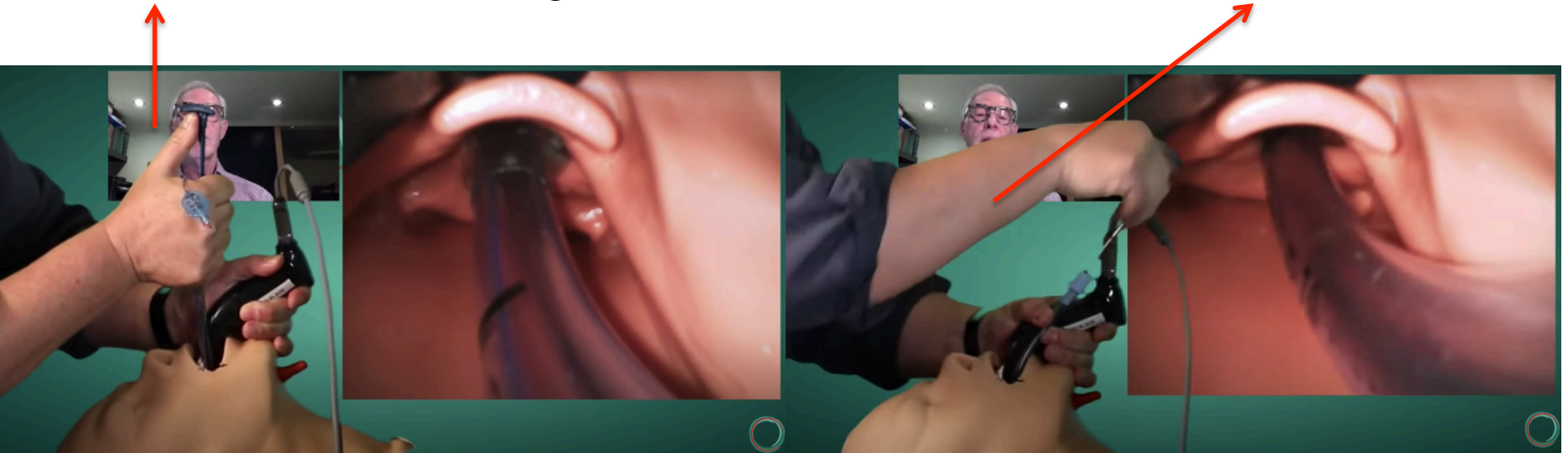
check the depth of insertion!





retract the stylet for 3 cm,  
advance the soft tube (rotating clockwise)

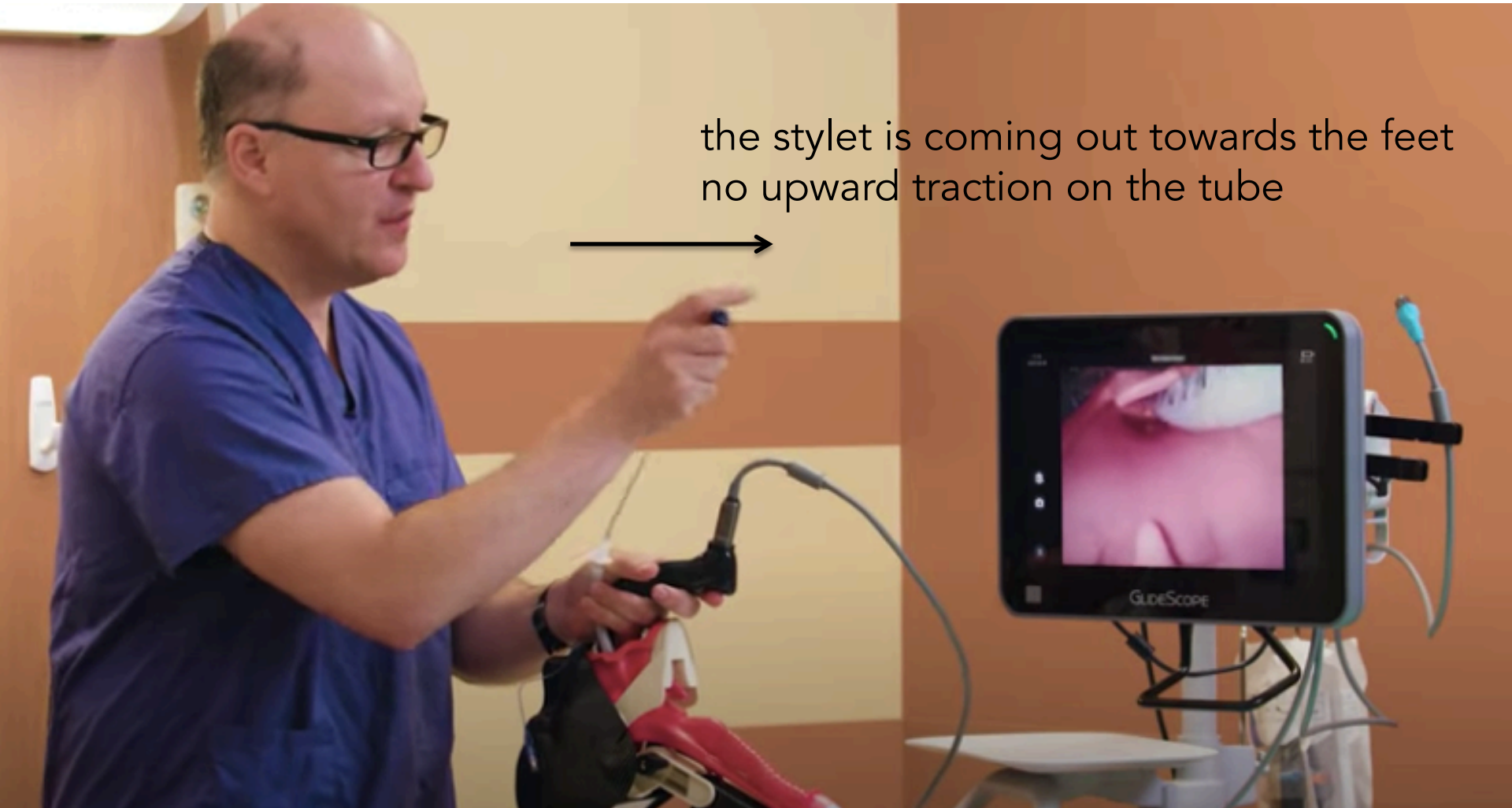
pull out the stylet as reverse rotation  
to the feet  
(„pull the stylet to the pt's feet!“)



**Safe Airway Society**

822 Abonnenten

the stylet is coming out towards the feet  
no upward traction on the tube



hold the tube  
close to  
dention

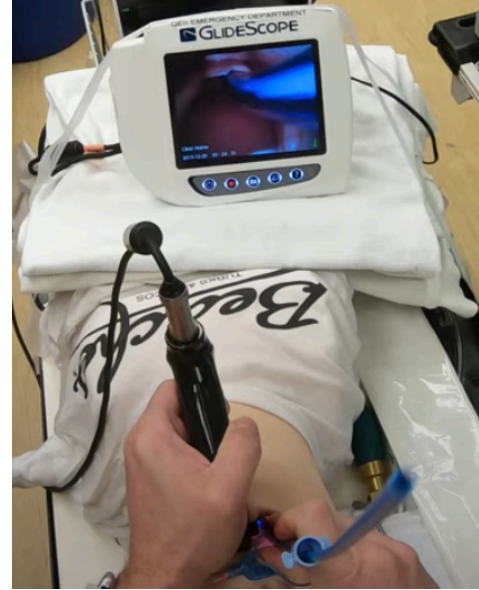


# TIPS & PEARLS

# Left to the Larynx Right after the Cords



first rotate anti-clockwise (= to the Lt)



after passing the cords rotate clockwise (= to the Rt)



# Cooper manoeuvre for the right hand holding the tube



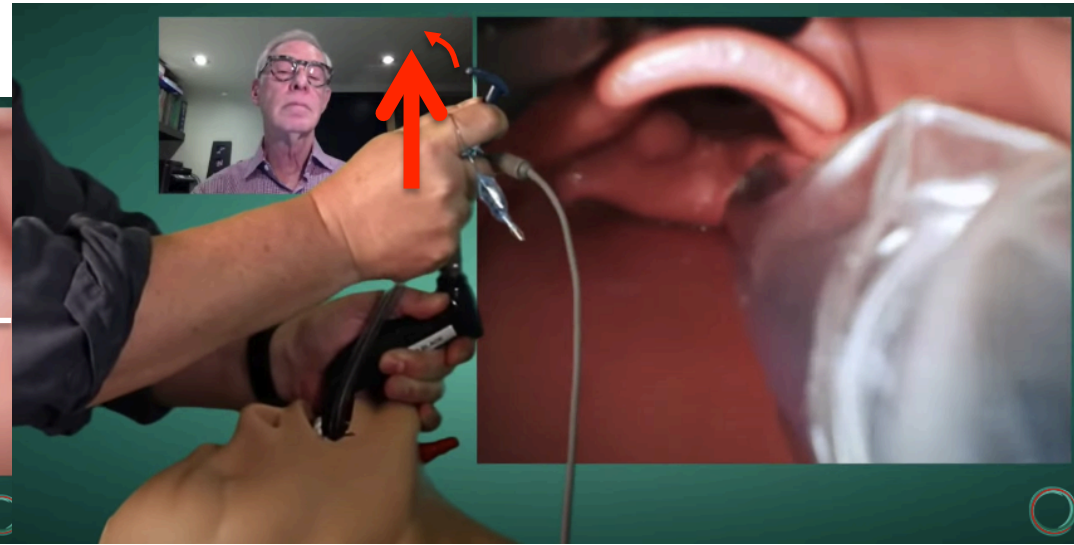
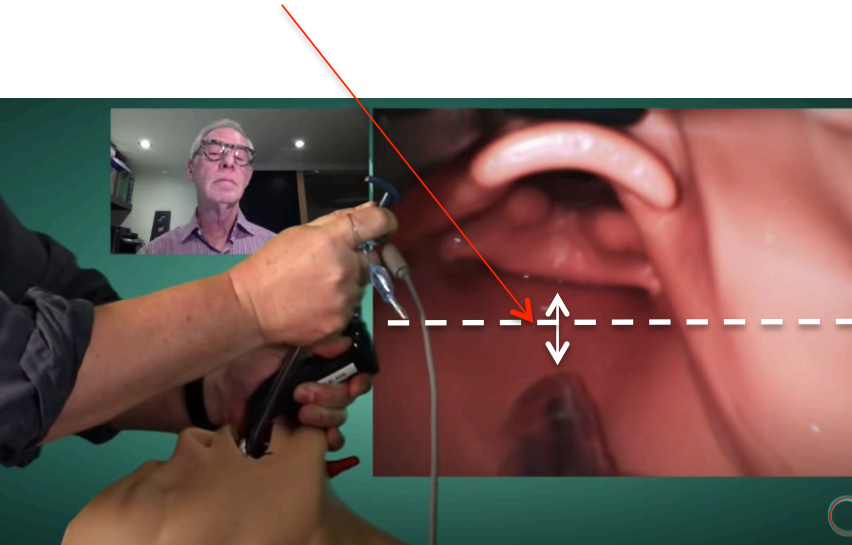
elevation (=lift up) with slight tilting up (10-15°)



deliberately stop here or even  
push back to be in the lower half

do not come too near to the arytenoids  
push back so that there is some room between  
the tip of the tube and the arytenoids

Cooper manoeuvre for the right  
hand holding the tube: lift with  
slight upwards tilt (10-15°)



Richard Cooper's pearl:

engaging the vallecula with hyperangulated D-blade to fully expose larynx (C/L1) might make a tube delivery more complicated as it needs to be.

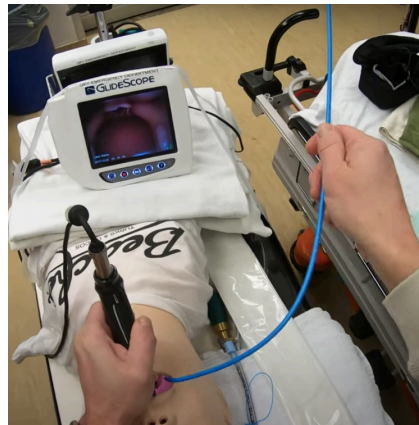
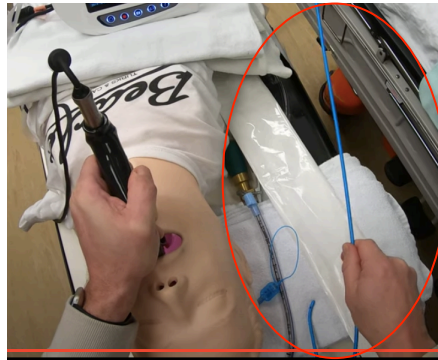
Aim for good C/L2 allowing you more space to manoeuvre with the tube.

put the tip of the blade to the base of the tongue, with elevation and not angulation

**DO NOT ANGULATE THE HYPERANGULATED VIEW**

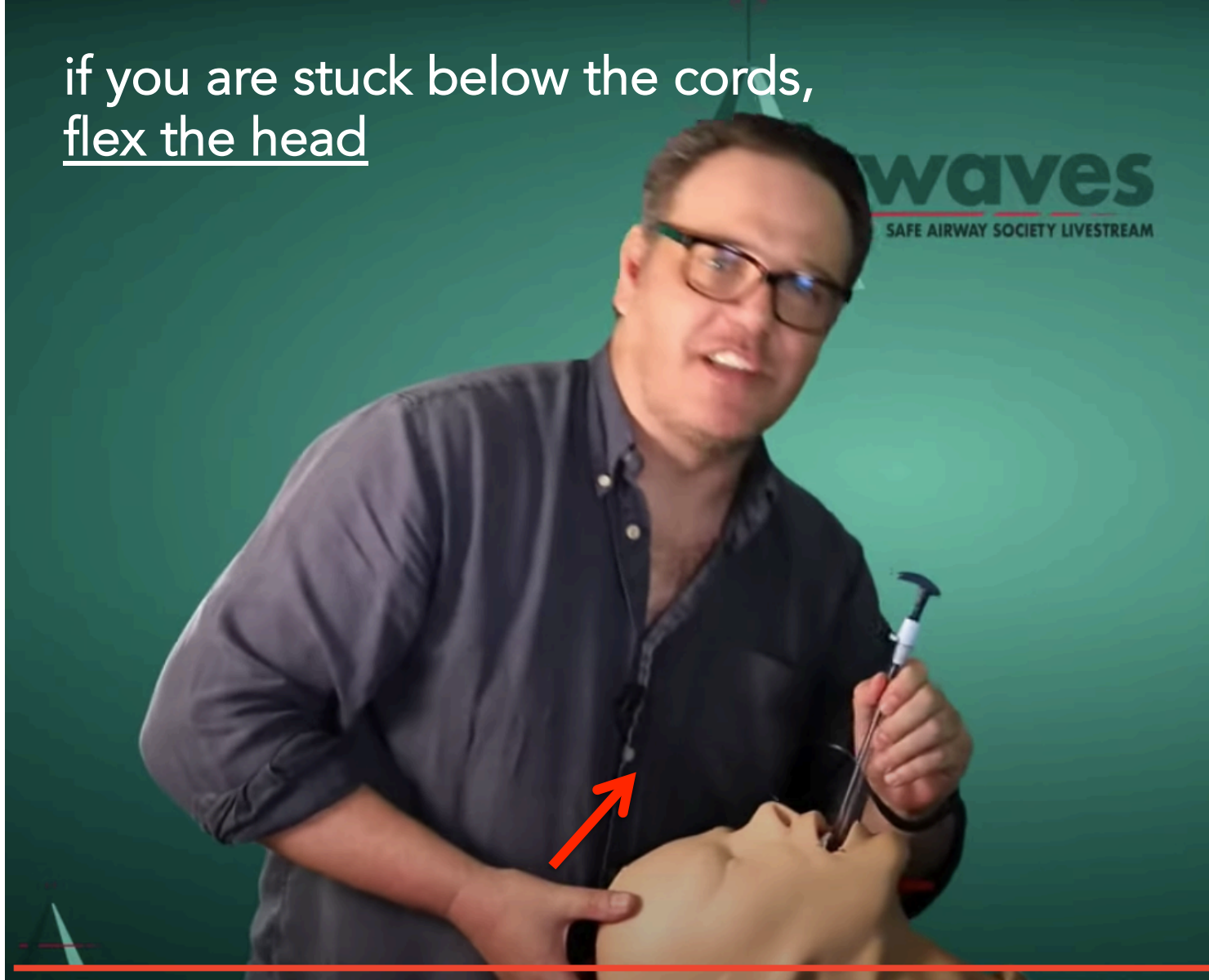
if necessary, pull the tip of the blade back

if you want to use ESCHMANN  
bend the ESCHMANN to get around the corner  
(however, using ESCHMANN is discouraged in VL;  
if you are using a bougie, use a more rigid D-shaped bougie)





if you are stuck below the cords,  
flex the head



The ease of obtaining a clear view of the larynx can fool you into forgetting you still need to get alignment between the larynx and ETT.



*Christine Whitten*

1. A More Neutral Head Position Helps

2. Don't Insert the Blade Too Deeply

3. Don't Insert the ETT Too Posteriorly

Do not insert the ETT too posteriorly, allowing the curve of the tube to drop against the back of the throat.

Pull the ETT back until you can just see its tip in the middle to right upper quadrant of your monitor. Rotating the tip forward from that position puts it in the correct plane and typically allows the tip to enter the glottis.

4. Don't Forget to Lift the Blade and Jaw Upward

5. Ask for Cricoid Pressure